



OFFICIAL INVITATION

The African Powerlifting Federation and the Algerian Powerlifting Federation
Invite's the APF member nations to participate in the

ALL AFRICA POWERLIFTING CHAMPIONSHIPS 2017

In Bejaia, Algeria from 18 – 22nd October 2017

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by APF-Member nations, NOT by individuals.

Participants: Men and Women, Sub-Junior, Juniors, Seniors, M1, M2, Powerlifting Raw and Equipped and Bench Press Raw and Equipped.

Meet Director: Moussa Messaour - email: federationfabbfpl2006@hotmail.com
phone: +213 2325 82 26 Fax +213 23 25 82 26 - Cell: + 213 557 377 196

Correspondence & Visa support: kamel Nedjah email: : nedjah.kamel@gmail.com
phone; +213 23 25 82 26 fax; +213 23 25 82 26 Cell: + 213 252 852 154

Nominations: nedjah.kamel@gmail.com Cell: + 213 252 852 154
and Technical Chairman Hannie Smith : [hannie @lagayim.co.za](mailto:hannie@lagayim.co.za)

Accommodation : kamel nedjah. Email: nedjah.kamel@gmail.com
Cell: + 213 252 852 154 Fax: ++213 23 25 82 26

Please send to kamel nedjah all information concerning your stay in Algeria:
transport request, preliminary and final nomination.

And organizer team ;kamel nedjah.: **email:**nedjah.kamel@gmail.com
Cell: + 213 252 852 154

Copy all your correspondances to meet Director: Moussa messaour :to
federationfabbfpl2006@hotmail.com Cell: + 213 557 377 196

Host City: Bejaia ,East of Algeria.(247 km from Algiers).

Date: 18 – 22nd October 2017.

Venue: Maison de la culture Bejaia. www.maisondelaculture-bejaia.com.

Congress and Technical Meeting: 18th October 2017, Congress 15:00 Technical meeting 20:00 hrs at the – Royal Hotel, Bejaia.

Hotel: Royal Hotel, Bejaia.

Note 1: **All athletes, coaches, referees and officials from each federation have to book their rooms by the organizer and have to stay in the official hotel during the championship. *If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of 100 EUR per person to the organizer. Failure to comply will have the*** effect that they will not receive accreditation and will be excluded from that championship.

Note 2: All delegates must pay directly their rooms to the organizer at the arrival .

Single Room : (EURO 70) per **person** per night Bed, and Breakfast

Double / Twin Room : (EURO 100) per **room** per night Bed and Breakfast.

Dinner can be booked at royal Hotel at the rate (15 EURO) per person per night.

Here are some of the facilities we are able to offer our guests in our rooms:

- Tea/Coffee Making facilities
- Air Conditioning
- On-Suite Bathrooms.
- Wifi connection

Accommodation fees payable by;

1. Cash in, EURO and DOLLAR (according to the current exchange rate);

Banking details:

Account name: Royal Hotel

Branch: Bejaia

Reference: African and mediterranean Powerlifting Championships

Payment must be received at the arrival in the Hotel.

All rooms must be booked at the latest with the deadline of the final nomination – **5th October 2017 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets.** If not cancelled in time, federations have to pay the reserved hotel rooms, the participation fee, the doping and the banquet tickets for all lifters and officials specified at the final nomination form.

Arrivals/Transportation:

Transport from Houari Boumedien Algiers International Airport to Royal Hotel Bejaia is **20 EUR one way**. Payment will be in Cash at the arrival in Royal Hotel.

Transport from soumam-Abane Ramdane International Airport **Bejaia** to Royal Hotel Bejaia is **FREE**.

Please send your detailed travel itinerary to the **Accommodation responsible** :
kamel nedjah. Email: nedjah.kamel@gmail.com

Cell: + 213 252 852 154 Fax: +213 23 25 82 26

so that the transfer can be provided.

Shuttle: Shuttle service will be provided from Other Hotels to Venue.

Scales: Scales will be available at all the hotels.

Training: Training facilities available at the venue.

Flag and anthem: Flag will be provided by the Organizer.

Photos: Identification is necessary for security reasons. Picture of each lifter, coach and official will be taken for the accreditation card after arrival at the Championship office.

Closing Banquet: Saturday 21nd October 2017 - Price: **20 EUR** per person includes drinks on table.

More information at Venue during the competition week.

Participation Fee: **40 EUR** for each lifter declared must be paid to the APF treasurer at the arrival.

Anti-Doping Fee: **30 EUR** for each lifter declared must be paid to the APF treasurer at the arrival.

Opening Ceremony: wednesday 18th October 2017 at 09h00 at the venue.

Health and Travel Insurance: All delegate members must have a valid health insurance. The organiser and the APF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, theft, delayed planes etc.

Nominations: Team nomination forms must be in the hands of the Meet Director

Moussa Messaour : federationfabbfpl2006@hotmail.com

Technical Chairman-HannieSmith: [hannie @lagayim.co.za](mailto:hannie@lagayim.co.za)

And organizer team ;kamel nedjah.: nedjah.kamel@gmail.com

Preliminary: 18th August 2017 (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).

Final: 26 th September 2017 (later entries will not be accepted)

All nominated lifters and officials must cancelled Hotel rooms 14 days prior to the championships, and the same applies for the participation and anti-doping fees.

14 Days before Technical Meeting.: 03th October 2017 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.

If not any withdrawal is made 14 days prior to the Technical Meeting of a continental or World Championships or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form.

Correspondence, Visa: emails regarding the championship must be sent to:

Kamel Nedjah nedjah.kamel@gmail.com

Send a copy to the APF President :

Moussa Messaour : federationfabbfpl2006@hotmail.com

ALL AFRICA POWERLIFTING CHAMPIONSHIPS 2017

TIMETABLE

(Changes may occur to the timetable of events. Final changes will take place at the technical meeting.)

Wednesday 18 October 2017

APF Congress	Royal Hotel, Bejaia	15h00
Technical Meeting	Royal Hotel, Bejaia	20h00

Thursday 19 October 2017

	Weigh-in time	Class	Number of lifters	Lifting starts
Session 1 – Bench Press	08h00-09h30	Raw Women (all), Raw Men 57kg-83kg		10h00
Session 2 – Bench Press	11h00-12h30	Raw Men 93kg- +120 kg		13h00
Session 3 – Powerlifting & Bench Press	14h00-15h30	Equipped Women (all) Equipped Men (all)		16h00

Friday 20 October 2017

	Weigh-in time	Class	Number of lifters	Lifting starts
Session 1 – Powerlifting RAW	07h00-08h30	Men 53kg-66kg		09h00
Session 2 – Powerlifting RAW	10h00-11h30	Women 47kg-63kg		12h00
Session 3 – Powerlifting RAW	13h00-14h30	Men 74kg-83kg		15h00

Saturday 21 October 2017

	Weigh-in time	Class	Number of lifters	Lifting starts
Session 1 – Powerlifting RAW	07h00-08h30	Men 93kg-105kg		09h00
Session 2 – Powerlifting RAW	11h00-12h30	Women 72kg-84+kg		13h00
Session 3 – Powerlifting RAW	14h00-15h30	Men 120kg-120+kg		16h00
BANQUET				20h00

Sunday Departure of all Delegates

Victory Ceremonies:

Victory Ceremony will take place after each session.
All lifters will receive Participation Medals.

Best Lifters Ceremony: At Farewell Banquet

Important Note:

Changes may occur to the timetable of events.

All changes will take place at the technical meeting.

A Referees clinic and examination will be held at 10:00 on the 18th October. If attending and wish to write the examination they need to **apply online on the IPF webpage. Patrik Thur must first approved such an examination.**

This will be done by computer therefore please ensure computer lap tops are available.

[Meet Director – Messaour Moussa.](#)